



Mary M. Landon, PhD, LPC  
Licensed Professional Counselor

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Balanced Life Counseling

### Authorization to Release Protected Health Information (PHI)

I (Client's name) \_\_\_\_\_ (Date of Birth) \_\_\_\_\_  
give permission to Dr. Mary Landon of Balanced Life Counseling to send and/or  
discuss confidential case records and/or test results, to send treatment summaries  
and diagnosis information to, and to receive confidential information from my  
primary care physician or other desired person or entity:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I understand my service record is protected under Federal and State regulations and  
that information to be released by my signature may contain information pertaining  
to medical, psychiatric, substance abuse treatment, and/or confidential HIV/AIDS  
related information.

This consent shall be in effect from \_\_\_\_\_ until \_\_\_\_\_.  
(No longer than one year)

\_\_\_\_\_  
Signature of Client Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Therapist Date: \_\_\_\_\_  
Mary M. Landon, PhD, LPC